



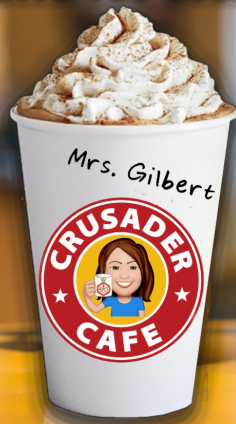
## Christ the King Catholic School News & Updates

*Educating Hearts, Minds, and Spirits to Become Future Servant Leaders*

Visit our Website

**Watch Now!**  
**Click here for an  
introductory video  
from Mrs. Gilbert!**

PROUDLY SERVING  
COFFEE WITH THE COUNSELOR



**A Blend of Community & Conversation**

**Please Join us for Coffee with the  
Counselor!**

**January 29, 2021 at 12pm via**

**Celebrate!**  
**Catholic Schools Week**  
**1/31-2/5**



To help celebrate Catholic Schools Week, students can participate in the following fun dress days:

2/1 Wear a RED shirt to show love for your teachers! (Jeans, uniform pants, or Spirit Day attire on bottom.)

2/2 College Shirt/Jersey Day! (Jeans, uniform pants, or Spirit Day attire on bottom.)

2/3 Crazy Socks Day! Wear crazy socks with your uniform.

2/4 SPIRIT DAY! Please follow CKS Handbook guidelines.

2/5 FREE DRESS DAY! Please follow CKS Handbook guidelines.

**CATHOLIC  
SCHOOLS WEEK**

## Microsoft Teams

(A link will be sent in advance.)

This first session will provide a time to meet with our new School Counselor, Rebekah Gilbert, and will include an introduction to therapeutic parenting with time for Q&A.

We will discuss different approaches across the ages for connecting emotionally with your child, tips for reflecting feeling, strategies for responding vs. reacting, and ways to offer guidance instead of advice.

Grab your favorite coffee or tea and we look forward to seeing you there!

## Updated School Calendar:

[Click here](#)

# CKS COVID-19 Response Updates

## CKS Spiritual Resources - Click Here

Click here for Updates:  
[Texas Department of  
Health and Human  
Services](#)

## BEEN EXPOSED TO COVID-19?

Be Informed: Know Your Next Steps

Chart provided by the Texas Medical Association COVID-19 Task Force

If you have trouble breathing or other serious symptoms, contact your physician for specific medical advice. This chart is intended for the general public, not health care workers.

COVID-19  
CORONAVIRUS DISEASE

**YOU'VE BEEN EXPOSED TO COVID-19**  
This means you were **within 6 feet** of someone who tested positive (and was contagious\*) for **more than 15 minutes with or without wearing a mask.**

**YOU HAVE SYMPTOMS\*\***

**GET TESTED.**  
While waiting on your test results, be sure to stay home and away from others.

**YOU DID NOT OR COULD NOT GET TESTED**

**YOU TESTED POSITIVE**

Isolate and stay home until 10 days have passed since you first got symptoms; 24 hours have passed since you had a fever (without medication), and your symptoms have improved.  
**NOTE:** Anyone who lives with you needs to quarantine for 14 days since their last contact with you.

**YOU GOT TESTED**

**YOU TESTED NEGATIVE**

Quarantine and stay home for 14 days since you were exposed to COVID-19. If you **MUST** go out, wear a mask and stay 6 feet away from anyone who doesn't live with you.

**YOU HAVE NO SYMPTOMS**

**CONSIDER GETTING TESTED.**  
Quarantine and wait at least 6 to 8 days before you test in order to avoid a possible false negative\*\*\* result. Keep in mind that when testing is in high demand, your results may be delayed by several days.

**YOU DID NOT OR COULD NOT GET TESTED**

Quarantine and stay home for 14 days since you were exposed to COVID-19. If you **MUST** go out, wear a mask and stay 6 feet away from anyone who doesn't live with you.

**YOU GET SYMPTOMS**

**GET TESTED.**  
While waiting on your test results, be sure to stay home and away from others.

**STILL NO SYMPTOMS**

Complete your 14-day quarantine starting from the day you were last exposed to COVID-19.

**YOU GOT TESTED**

**YOU TESTED NEGATIVE**

Quarantine and stay home for 14 days since you were exposed to COVID-19. If you **MUST** go out, wear a mask and stay 6 feet away from anyone who doesn't live with you.

**YOU TESTED POSITIVE**

Isolate and stay home until 10 days have passed since you first got symptoms; 24 hours have passed since you had a fever (without medication), and your symptoms have improved.  
**NOTE:** Anyone who lives with you needs to quarantine for 14 days since their last contact with you.

**YOU DID NOT OR COULD NOT GET TESTED**

After your quarantine or isolation is over, you can resume normal activities. **But don't forget to wear a mask!**

\*People are contagious two days before they started having symptoms and at least 10 days after they stopped having symptoms. People who have no symptoms are considered contagious starting from the day before they got tested, through at least 10 days.  
\*\*Symptoms may include fever or chills, cough, shortness of breath or difficulty breathing, body aches, headache, sore throat, and loss of taste.  
\*\*\*A false negative test result is when the test result is negative when you actually are infected with COVID-19. This may happen when you test too soon after your exposure, and there is not enough virus in your system to be detected. Avoid a potential false negative by waiting approximately 6 days after when you were last exposed before you get tested.

This document provides general information related to exposure to the COVID-19 virus. It is not medical advice and does not substitute for the advice of your physician or other health care professional. Consulting your assigned physician is recommended when faced with health issues to obtain specific medical advice taking into consideration your medical condition. Revised July 21, 2020



Physicians Caring for Texans

www.texmed.org



YOU HAVE NO SYMPTOMS

CONSIDER GETTING TESTED. Quarantine and wait at least 6 to 8 days before you test in order to avoid a possible false negative\*\*\* result. Keep in mind that when testing is in high demand, your results may be delayed by several days.

YOU DID NOT OR COULD NOT GET TESTED

Quarantine and stay home for 14 days since you were exposed to COVID-19. If you MUST go out, wear a mask and stay 6 feet away from anyone who doesn't live with you.

YOU GET SYMPTOMS

GET TESTED. While waiting on your test results, be sure to stay home and away from others.

STILL NO SYMPTOMS

Complete your 14-day quarantine starting from the day you were last exposed to COVID-19.

YOU GOT TESTED

YOU TESTED NEGATIVE

Quarantine and stay home for 14 days since you were exposed to COVID-19. If you MUST go out, wear a mask and stay 6 feet away from anyone who doesn't live with you.

YOU TESTED POSITIVE

Isolate and stay home until 10 days have passed since you first got symptoms; 24 hours have passed since you had a fever (without medication), and your symptoms have improved. NOTE: Anyone who lives with you needs to quarantine for 14 days since their last contact with you.

YOU DID NOT OR COULD NOT GET TESTED

## Calendar

January 22 - End of 2nd quarter  
January 25 - 3rd quarter begins  
January 27 - Picture retake day  
January 28 - Report Cards  
January 31 - Catholic Schools Week

amazon smile

You shop. Amazon gives.

When you make qualifying purchases, Amazon will donate .5% to CKS. We encourage you, and ALL your family members, to go to [smile.amazon.com](http://smile.amazon.com) and sign up!



On your computer, click the Menu in the upper left corner. Scroll to "Your AmazonSmile" and click.



From your Amazon App, find Settings in the Main Menu, then click on "Amazon Smile," and turn ON.



## CKS E-Learning Guidelines Updated

### UPDATES FROM THE PASSIVE FUND RAISING COMMITTEE



1. The Tom Thumb Good Neighbor Program remains the same. Please complete the attached form for yourself and your loved ones. Drop off at Tom Thumb
  2. Amazon now allows you to "turn ON" Amazon Smile on your phone app! Go to the Main Menu > Settings > Amazon Smile > Turn ON.
- We are confident this amount can skyrocket with full participation from our CKS community. Your AmazonSmile settings must be renewed yearly.
3. We are no longer collecting Boxtops for Education. The program has become quite cumbersome for normal returns. If you disagree and would like to volunteer to champion Boxtops, please contact us.



By joining the Tom Thumb Neighborhood Program, you will be earning cash for CKS everytime you shop. Link your Reward Card to CKS and CKS automatically earns 1% on qualifying purchases. Use CKS charity # 684 when filling out the form.



When you make qualifying purchases, Amazon will donate .5% to CKS. We encourage you, and ALL your family members, to go to [smile.amazon.com](http://smile.amazon.com) and sign up! It's so easy.

- On your computer, click the menu in the upper left corner. Scroll to "Your AmazonSmile" and click.
- From your Amazon App, find settings in the main menu, then click on "Amazon Smile," and turn ON.

	<b>GOOD NEIGHBOR PROGRAM</b> DALLAS
	Complete this form to link your Loyalty account to the organization of your choice. You can choose to link up to three organizations. Contact your organization of choice and ask if they are a member of Tom Thumb Good Neighbor program or call 1-888-334-8240 to get the GNP number.
REMARKABLE CARD NUMBER	
<input type="text"/>	
Don't know your card number? Call Customer Care at 1-877-723-3929. Charity to be added to your card:	
1. Charity # <b>684</b> [CKS]	Charity to be deleted to your card:
2. Charity # _____	1. Charity # _____
3. Charity # _____	2. Charity # _____
APPLICANT NAME (PLEASE PRINT) _____ PHONE (linked to loyalty account) _____	
APPLICANT SIGNATURE _____ DATE _____	
PLEASE RETURN THIS FORM TO YOUR NEIGHBORHOOD TOM THUMB CUSTOMER SERVICE DESK OR EMAIL YOUR RESPONSES TO <a href="mailto:good.neighbor@tomthumb.com">good.neighbor@tomthumb.com</a>	
OFFICE USE ONLY: STORE # _____ STORE INSTRUCTIONS: SEND THIS COMPLETED FORM TO THE MAILROOM - ATTN: GOOD NEIGHBOR PROGRAM	

THANKS FOR YOUR SUPPORT

IF YOU HAVE ANY PASSIVE FUNDRAISING SUGGESTIONS OR QUESTIONS ABOUT THESE PROGRAMS CONTACT RACHAL AT RACHAL.NETTUNE@GMAIL.COM OR CATHERINE AT CATHERINE@NETTUNE.ORG

### CKS Admin. Weekly Newsletter Submissions

The CKS Admin. News is sent to CKS families from Dr. Bosco and Dr. O'Sullivan. Please submit information that you would like included in the next newsletter via email to [cksnews@cks.org](mailto:cksnews@cks.org) by Thursday, January 21st, at 12noon for the January 25th publication.

STAY CONNECTED

