

The Y offers meaningful after school support for your child; a safe place where kids will discover a sense of belonging while extending their day with enrichment, fitness and fun.

**In 90+ schools  
across 9 districts**

**We operate from  
dismissal bell – 6:30p.m.**

**On site at school.  
1:15 ratio**

## **TYPICAL DAY IN AFTERSCHOOL**

- Check In
- Huddles
- Sanford Harmony
- Healthy Snack
- Structured Time
- Homework
- Math & Literacy
- CATCH or Skillastics
- Physical Fitness
- Character Building
- STEM
- Arts and Culture

**[YMCADallas.org/Afterschool](https://www.ymcadallas.org/Afterschool)**