

AUGUST 2022

Christ the King

LUNCH



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All meals include choice of Milk, Juice, or Water



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

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Buttermilk Pancakes, Bacon
Eggs and Fruit
Or
Spaghetti Bolognese, Mixed
Vegetables, Fruit

Pork Roast, Green Beans
Mashed Potatoes, Fruit
Or
Home Made Pizza, Garden Salad
and Fruit

Grilled Tilapia, Mixed Veg
Rice Pilaf and Fruit
Or
Taco, Mixed Vegetable,
Rice Pilaf and Fruit

Pasta Alfredo, Broccoli
Garlic Bread, and Fruit
Or
Hamburger, French Fries
Broccoli and Fruit

Sausage, Grilled Potatoes
Green Beans, and Fruit
Or
Home Made Pizza, Garden Salad
and Fruit

Chicken Dumplings
Broccoli and Fruit
Or
Hamburger, French Fries
Broccoli and Fruit

Swedish Meatballs/Pasta
Mixed Vegetables and Fruit
Or
Home Made Pizza, Garden Salad
and Fruit

Steak Fingers, Broccoli
Mashed Potatoes, and Fruit
Or
Spaghetti Bolognese,
Broccoli and Fruit

Pork Chop, Green Beans
Grilled Potatoes, and Fruit
Or
Home Made Pizza, Garden Salad
And Fruit

Baked Chicken, Capri Veg
Rice Pilaf and Fruit
Or
Taco, Capri Vegetable
Rice Pilaf and Fruit

Carved Ham, Sweet Potatoes
Broccoli and Fruit
Or
Hamburger, French Fries,
Broccoli and Fruit

Chicken Noodle Casserole
Mixed Vegetable and Fruit
Or
Home Made Pizza, Garden Salad
and Fruit

Buttermilk Pancakes
Bacon, Eggs, and Fruit
Or
Spaghetti Bolognese
Broccoli and Fruit

Corn Dog, Macaroni,
Mixed Vegetable, and Fruit
Or
Home Made Pizza, Garden Salad
and Fruit

Lasagna, Garlic Bread
Broccoli, and Fruit
Or
Taco, Broccoli
Rice Pilaf and Fruit

