

FEBRUARY 2023

Christ the King

LUNCH



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All lunch plates include choice of regular milk, juice, or water

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Buttermilk Pancakes, Eggs **6**
Bacon or Sausage, Oranges
Or
Spaghetti Bolognese, Squash,
Oranges

Meat Loaf, Macaroni, **7**
Green Beans, Pineapple
Or
Chicken Tenders, Green Beans
Pineapple

Pasta Alfredo, Sugar Snaps, **8**
Garlic Bread, Grapes
Or
Chicken Fajita, Spanish Rice,
Pinto Beans, Grapes

Chicken Dumpling, Broccoli **9**
Biscuit, Strawberries
Or
Hamburger, French Fries,
Broccoli, Strawberries

Sausage, Garlic Potatoes **10**
Mixed Vegetable, Apple
Or
Home Made Pizza, Garden Salad
Apple

Beef Nachos, Broccoli, **13**
Grapes
Or
Penne Pasta Sausage, Broccoli
Grapes

Carved Ham, Sweet Potato **14**
Mixed Veg, Apple
Or
Chicken Tenders, Mixed Veg
Apple

Lasagna, Garlic Bread **15**
Mixed Veg, Strawberries
Or
Taco, Rice Pilaf, Mixed Veg
Strawberries

Baked Chicken, Corn, **16**
Broccoli, Banana
Or
Hamburger, French Fries,
Broccoli, Banana

No School **17**

Presidents' Day **20**

Roast Beef, Green Beans **21**
Mashed Potatoes, Grapes
Or
Chicken Tenders, Green Beans,
Grapes

Baked Panko Fish Sticks **22**
Macaroni, Mixed Veg, Apple
Or
Cheese Pizza, Garden Salad
Apple

Chicken Quesadilla, Broccoli **23**
Spanish Rice, Strawberries
Or
Hamburger, French Fries
Broccoli, Strawberries

Tortellini, Squash, **24**
Garlic Bread, Pineapple
Or
Grilled Cheese, Tomato Soup,
Pineapple

Pancakes, Eggs, **27**
Bacon / Sausage Orange
Or
Spaghetti Bolognese, Green Beans
Orange

Pork Roast, Mixed Vegetabl **28**
Macaroni, Strawberries
Or
Chicken Tenders, Mixed Veg
Strawberries

