

Christ the King Catholic Track and Field 2024

Registration Deadline February 16th

League: Dallas Parochial League www.dallasparochialleague.com

Junior Varsity Track

1. 5th & 6th Grade combined boys team
2. 5th & 6th Grade combined girls team

Varsity Track

1. 7th & 8th Grade combined boys team
2. 7th & 8th Grade combined girls team

Junior Varsity Track Meet Dates

1. Meet #1 – Saturday, April 6th @ John Paul II High School
2. Meet #2 – Saturday, April 13th @ Bishop Lynch High School
3. Meet #3 – JV City Meet (Championships) – Saturday, April 20th @ Bishop Lynch

Varsity Track Meet Dates

1. Meet #1 – Saturday, April 27th @ Bishop Lynch High School
2. Meet #2 – Saturday, May 4th @ Jesuit College Prep
3. Meet #3 – Varsity City Meet (Championships) – Saturday, May 11th @ Bishop Lynch

Practices

Days and Times – To Be Determined

The Athletic Department will secure a local track for practices.

Junior Varsity Track Meet Events

1. Long Jump
2. High Jump
3. Shot Put
4. Discus
5. 4 X 100 Meter Relay
6. 800 Meter Run
7. 100 Meter Hurdles
8. 100 Meter Run
9. 50 Meter Run
10. 4 X 200 Meter Relay
11. 400 Meter Run
12. 300 Meter Hurdles
13. 200 Meter Run
14. 1600 Meter Run
15. 4 X 400 Meter Relay

Varsity Track Meet Events

1. Long Jump
2. High Jump
3. Shot Put
4. Discus
5. 4 X 100 Meter Relay
6. 800 Meter Run
7. 100 Meter Hurdles
8. 100 Meter Run
9. 4 X 200 Meter Run
10. 400 Meter Run
11. 300 Meter Hurdles
12. 200 Meter Run
13. 1600 Meter Run
14. 4 X 400 Meter Relay

A complete list of rules can be found on the Dallas Parochial League web site at www.dallasparochialleague.com